

Arrow EZ-IO Intraosseous Vascular Access System Pain Management

Consider using anesthetic for adult patients responsive to pain:

Review manufacturer's lidocaine instructions for use prior to administration and observe recommended cautions/contraindications to using 2% preservative and epinephrine free lidocaine (intravenous lidocaine)

1. Confirm lidocaine dose per institutional protocol
2. Prime EZ-Connect extension set with lidocaine
 - Note that the priming volume of the EZ-Connect extension set is approximately 1.0 mL
3. Slowly infuse lidocaine (typically 40 mg) IO over 120 seconds
4. Allow lidocaine to dwell in IO space 60 seconds
5. Flush with 5-10 mL of normal saline
6. Slowly administer an additional dose of lidocaine IO (typically 20 mg) over 60 seconds
 - Repeat PRN

Consider systemic pain control for patients not responding to IO lidocaine

Consider using anesthetic for infant/child responsive to pain:

Review manufacturer's lidocaine instructions for use prior to administration and observe recommended cautions/contraindications to using 2% preservative and epinephrine free lidocaine (intravenous lidocaine)

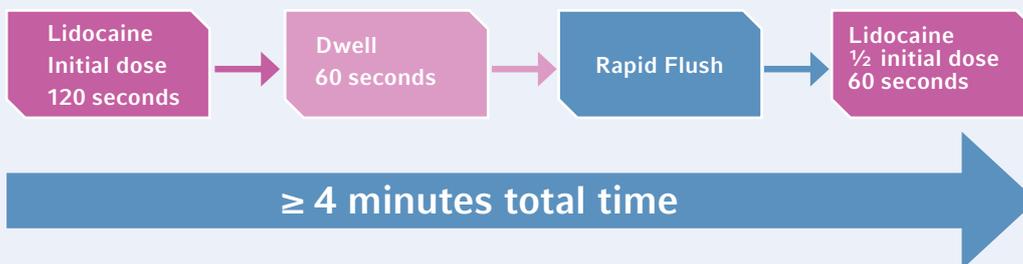
1. Confirm lidocaine dose per institutional protocol
 - Typical initial dose is 0.5 mg/kg, not to exceed 40 mg
2. Prime EZ-Connect extension set with lidocaine
 - Note that the priming volume of the EZ-Connect extension set is approximately 1.0 mL
 - For small doses of lidocaine, consider administering by carefully attaching syringe directly to needle hub (prime EZ-Connect extension set with normal saline)
3. Slowly infuse lidocaine IO over 120 seconds
4. Allow lidocaine to dwell in IO space 60 seconds
5. Flush with 2-5 mL of normal saline
6. Slowly administer subsequent lidocaine (half the initial dose) IO over 60 seconds
 - Repeat PRN

Consider systemic pain control for patients not responding to IO lidocaine

(Cont'd on page 2)

2% preservative- and epinephrine-free lidocaine

Adult: Typically 40mg Infant/Child: Typically 0.5mg/kg (NOT to exceed 40 mg)



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