#### **Nurse Led PICC Clinic**

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## Background

#### **Identify a need**:

- Ad-hoc service provision
- No dedicated staff
- Large demand on radiology
- Delays of several days for patients

Submission to the DHS, work force innovation grant:



 To establish a pilot project to demonstrate the benefits of a Nurse Led Peripheral Inserted Central Catheter (P.I.C.C) Clinic.



- Improve outcomes
  - -Providing timely access to treatment options and reducing length of stay
- Increasing patient satisfaction
  - -certainty regarding date/time of procedure is particularly important to HITH and outpatients



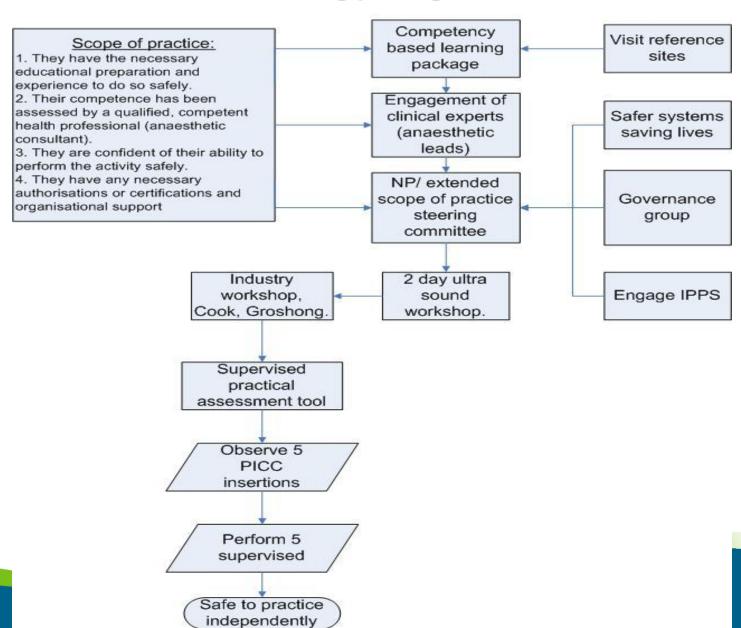
- Cost savings
  - -Reducing the amount of radiology time
  - -Decrease length of stay
  - Decrease complications caused by delay of treatment



- Reduced infection rate
  - PICC care study days for staff
  - Insertion infection reduced to 1.46 per 100 catheters this year



P.I.C.C. nurse competency based learning package.





## Best practice:

# Safer systems saving lives: guidelines for preventing blood born catheter related infection

#### **Recommendations**

- 1. Hand hygiene
- 2. Maximal barrier precautions
- 3. Skin antisepsis (recommend 2% chlorhexidine and 70% alcohol)
- 4. Optimal catheter site selection (U.S. guidance allows upper arm rather than antecubital fossa)
- 5. Daily line review



#### Project Objectives and Key Achievements

- To move the skill set required for PICC insertion from anaesthetist to registered nurse, thereby improving effective workforce skill utilization and productivity.
  - The project has successfully moved the skill set for PICC insertion to registered nurses through a competency based training package which is readily repeatable.
  - This has occurred with significant improvements in procedure duration, failure rate and infection.
  - And without incident.



#### Project Objectives and Key Achievements

#### To reduce delays to P.I.C.C insertion.

- Structured clinic times allow 95% of PICC cannulations to be attended inside the established clinic times (Monday, Wednesday & Friday)
- Allowing medical and surgical units to better plan care and or transfer to HITH.
- Ward nurses who often attended their patients during the PICC insertions are now free to return to the ward.
- A significant patient load (400 cases to date) has been lifted from the Emergency Theatre Booking System (ETBS), improving emergency patient flow.
- Decreased failure rate from 10% to 5%



#### Project Objectives and Key Achievements

- To limit the use of radiology in PICC procedure to failed attempts only, hence freeing up angiography time.
  - The Nurse Led PICC Clinic has achieved a dramatic reduction in the number failed cannulations. Radiology were attending 1 cannulation per day and now the clinic has referred 15 patients in the last 10 months.
- To increase patient satisfaction with this procedure.
  - Patient satisfaction survey results universally rate the service highly.
  - However some patients have been concerned by the activity and noise that comes from delivering the clinic in a busy Post Anaesthetic Care Unit.
- Is the clinic viable?
  - The nurse led PICC clinic has established itself as an important clinical resource with universal high regard
  - The PICC clinic has significantly impacted patient the patient experience, processes and workload from City and Parkville wards and HITH through to radiology and theatre emergency case load.



## **Challenges**

Getting support from medical staff

- Anaesthetic department very supportive from the beginning
- Radiology initially hesitant
- ICU is still an ongoing challenge



## <u>Challenges</u>

Getting support from hospital units

- assisted by radiology refusing to take referrals
- teaching the rotating medical staff how to book a PICC
- support from the ward nurses



## <u>Challenges</u>

Finding a home

- currently in the recovery room
- post op patients take priority
- need access to anaesthetic consultant to check PICC placement
- Still an unresolved issue



# **Challenges**

Writing an insertion policy

- including extended scope of practice for nurses
- supported by APHRA guidelines



## Ongoing Funding

- Taken on by the division of surgery
- Use "hTrak" to claim the cost of consumables and device
- Supervision by staff anaesthetist enables the hospital to claim



## **Future**

- 6 day a week service
- Expand to include CVC and vascath insertions
- VCCC will increase the number of PICC referals











## Questions?

