

Mary-Louise McLaws

Professor of Epidemiology

Healthcare Associated Infection and Infectious Diseases Control

Epidemiology Advisor to Clinical Excellence Commission

Never Stand Still

Faculty of Medicine

School of Public Health and Community Medicine

Central Line Associated Bloodstream Infections: Is achieving zero possible?

How much is infection prevention worth?









- **1. Insertion bundle for zero risk for CLABSI** How large is the CLABSI problem ? How did we introduce bundle intervention ?
- **2. Dwell time associated with increased risk of CLABSI** *Is every patient with a CVC at risk of CLABSI?*
- **3. Surveillance analysis to assist CLABSI prevention** Is there a better surveillance method to identify dwell time for targeting infection control efforts?
- 4. Other CLABSI prevention methods

Some are expensive so which patients should have additional prevention resources?



CDC DEFINITION OF A CENTRAL LINE

Insertion site or device type ARE NOT used to determine line as central line

Central line:

intravascular catheter that terminates at or close to the heart or in one of the great vessels which is used for infusion, withdrawal of blood, or hemodynamic monitoring

Great vessels:

Aorta, pulmonary artery, superior vena cava, inferior vena cava, brachiocephalic veins, internal jugular veins, subclavian veins, external iliac veins, common femoral veins [& in neonates: the umbilical artery/vein]

CVL MUST terminate in a great vessels or in/near the heart



National Healthcare Safety Network 2006/2010

Number patients with ≥ 1 central lines in situ = \sum central-line days

Laboratory Diagnosis

Criterion 1. recognised pathogen from ≥ B/C And organism cultured from B/C is not related to infection at other site

Criterion 2. patient has at least 1: fever (>38°C) or chills or hypotension And

common skin contaminants (Corynebacterium spp, Bacillus spp, Proprionibacterium spp, coag neg staph, strep viridians, Aerococcus spp, Micrococcus spp) is cultured from ≥ 2 B/C drawn on separate occasions.

Rate = Lab diagnosis CVL related BSI

number of patients with ≥1 central lines

How large is the CLABSI problem ?

World Health Organization. Report on the Burden of Endemic Health Care-Associated Infection Worldwide: A Systematic Review of the Literature. Geneva, Switzerland: World Health Organization, 2011. Available at: <u>http://whqlibdoc.who.int/publications/2011/9789241501507_eng.pdf</u>.

12.2 infections per 1,000 central line-days



How large is the CLABSI problem in adult ICUs? /1000 line days

Australia

^{32 NSW} 3.7 (95%CI 2.5-5.3)

McLaws ML, Taylor P J Hosp Infect 2003; 53 (4): 260-268.

^{13 VIC} 2.3 (95%CI 1.5-3.3)

Russo PL, Bull A, Bennett N, et al.. Am J Infect Control 2006;34: 430-6.

USA 5266

Average 2.0 range across 10 ICUs 1.0 to 5.6

Edwards JR, Peterson KD, Andrus M et al. Am J Infect Control 2008; 36:609-26.

Germany 248

2.0 (95%CI 1.8-2.1)

Gastermeier P et al. JHI 2006; 64:16-22.



What does this mean in terms of infected patients per year?

Germany

920 from 248 ICU \approx 4 each ICU / year

USA

5266 from 1045 ICU \approx 5 each ICU / year

AUSTRALIA (NSW + Victoria) 106 from 45 ICUs \approx 2 each ICU / year





What does this mean in terms of death per year ?



attributable mortality 12% -25%

CDC. Vital Signs: Central line - associated blood stream infections - United States, 2001, 2008, and 2009. MMWR 2011; 60(8): 243-8.

≈1 death each ICU / year





15 years of Evidence

CLABSI is preventable



Early highlights on prevention

- Prevention of central venous catheter-related infections by using <u>maximal sterile barrier precautions during insertion.</u> Raad II et al. *Infect Control Hosp Epidemiol* 1994; 15:231-8.
- Eliminating catheter-related bloodstream infections in the intensive care unit. Berenholtz et al. *Crit Care Med* 2004; 32 (10): 2014-2020.

• **Prevention of intravascular catheter infection.** Eggimann P. *Curr Opin Infect Dis* 2007; 20:360-369



Major collaborative studies

 CLABSI rate by 68% to 1.36/1000 line days over a 4 year period 69 ICUs in South Western Pennsylvania

MMWR. 2005;54:1013-1016. & JAMA 2006; 269-270.

Comparable results were obtained in 46 ICUs in New York
 State & a group of Veterans Affairs hospitals

Koll BS et al. *Jt Comm J Qual Patient Saf* 2008;34:713-723. Bonello RS et al. *Jt Comm J Qual Patient Saf* 2008;34:639-645.

 A regional collaborative study 44 ICUs underway in Tuscany

Rodell S et al. Qual Saf Health Care 2008;17:20-21.

Low resourced setting

Marra AR, Cal RG, Durao MS et al. Am J Infect Control 2010;38:434-439.



Keystone ICU Project

Pronovost P, Needham D, Berenholtz S, et al. An intervention to decrease catheterrelated bloodstream infections in the ICU. N Engl J Med 2006;355:2725-2732



Pronovost et al *NEJM* 2006;355(26): 2725-32. Pronovost et al *BMJ* 2010;340:c309.

55 then 108 ICU Michigan

0 months	median 2.7 (IQR 0.6 - 4.8) /1000 line-days
3 months	median 0.0 (IQR 0.0 - 2.4) /1000 line-days
16-18 months	median 0.0 (IQR 0.0 - 3.0) /1000 line-days
34-36 months	median 0.0 (IQR 0.0 - 1.2) /1000 line-days





How did NSW introduce bundle intervention ?

Aim: all 37 public ICUs in NSW





How did NSW introduce bundle intervention ?

Multidisciplinary support Clinical Excellence Commission Intensive Care Centre Monitoring Unit NSW Ministry of Health Physician and Nurse from every ICU

Burrell A, McLaws ML, Herkes R, Mungo M, Pantle A. Aseptic insertion of central lines reduces bacteraemia: The NSW Central Line Associated Bacteraemia Collaborative (CLAB-ICU). *Med J Aust* 2011; 194: 583-587.



Checklist produced

Central Venous Catheter Insertion Checklist				
Facility Co	Patient Label			
Date of Procedure Name o	f Proceduralist			
/ / 2008				
Name of Assistant				
Name of Supervisor				
Where was the line inserted? ICU O ED O	OT O Other O Specify			
Catheter Type Central O Dialysis D PIC Catheter Gauge	CO Other D Specify \$			
Insertion Site S/Clavian O Jugular O Femoral O Position Right O Left O Is the Procedure? Elective O Emergency	C/Fossa O Bicipital Groove D Other O Specify / O Rewire O Replacement O U/Sound Guided O			
Number of Lumens 10 20 30 40	· · · · · · · · · · · · · · · · · · ·			
	Name (Brint)			
Local Anaesth				
Sedation	Signature			
It is anticipated that this section of the form will be	e completed by the staff member assisting the proceduralist			
Did the second	petency assessment (if unsupervised) ?			
Did the proceduralist? seconds for dry site; Use large sterile she				
	nd sterile gown during the line insertion?Yes ○ No ○ vewear (AYES answer requires all to be worn.) Yes ○ No ○			
Undertake multiple	indue during procedure and dressing:			
AFTER THE PROCEDURE Was dressing dated or date documented on ICU care plans Yes O No O Was catheter position confirmed by fluoroscopy or CXR? Yes O No O				
Was catheter position confirmed by transducer? Yes O No O Did any of the following complications occur? Pneumothorax O Haemorrhage O Malposition O Other Other Other Other				
Date of Line Removal	Date Discharged from ICU			
CVC - related BSI detected: Yes O No O If yes- Date of Blood Culture:	Fax form to CEC at 02 9382 7548 when: Line removed or 24hrs after patient discharged from ICU.			
/ / 2008	9328			
This form is part of the Patient Medical Record and is to remain in Medical Records after it is faxed.				

Clinician bundle Undertake competency assessment Clean hands Sterile gloves/gown Hat mask protective eyewear

Patient bundle Prep with 2% chlorhexidine & dry 2 mins Large sterile drape Maintain sterile technique No multiple passes Confirm catheter position



What data did we collect and why ?

Q. Did the ICU staff co-operate with the bundle? Patient Bundle: aseptic insertion of central line patient fully draped & skin prep

Clinician Bundle: hat, mask, hand hygiene, glove, gowns check inserted properly - transducer/x-ray

Q. Could anything else been responsible for change in CLABSI rate? Potential confounder: type of central line, insertion site, coating level of ICU compliance with bundles ALOS accreditation for insertion



What issues effected co-operation?

Initial clinician resistance
'We don't have CLABSIs'
'I don't believe the evidence'
4 ICUs would not wear hats
'Where's the money?' (Data collection/reporting)
Apathy

⊙ Overcome these by...

Increased involvement by senior intensive care physicians Increased checking of data submitted to Commission Increased feedback reports from us to participating units



Checklist Compliance rate for all units After Safe Insertion

Entire patient draped	93%
Alcoholic chlorhexidine prep allowed to dry	96%
Sterile technique maintained	96%
Hat, mask, eyewear	80%
Hands washed 2 mins	92%
Sterile gown/gloves	96%
Competency assessed	48% (23% No; 29% missing)
No multiple passes	81%
Confirm position radiologically	74%
Other method to confirm placement	44% (45% No; 11%
	missing)

Per cent of hospitals that regularly use practice to prevent Central Line-Associated Bloodstream Infection (CLABSI).



Sarah L Krein et al. BMJ Qual Saf doi:10.1136/bmjqs-2014-003870

How successful was the intervention ?

CLABSI rate higher - clinician who did not wear hat compared with clinicians who did

RR 1.6 (Cl₉₅ 1.1 - 2.4 p=0.0178)

- Central RR 2.0 (Cl₉₅ 1.2 3.2 p=0.0037)
- PICC RR 5.1 (Cl₉₅ 1.03- 25.0 p=0.059)

Conclusion: Proxy for other poor IC related behaviours

☺ Compliers with *clinician* + *patient* bundles RR CLAB 0.6 (Cl₉₅ 0.4-0.9, p=0.0103)



How successful was the intervention ?

10,575 centrally inserted lines

No confounding dwell time or catheter utilization



1-12 months 3.7 (95%Cl 2.4-4.6)/1000 line-days [37/10974]

13-18 months 1.5 (95%Cl 1.1-2.0)/1000 line-days [40/26668]

RR 0.44 (95%CI 0.28-0.70) p=0.0003

McLaws ML, Burrell A. Zero risk for central line-associated bloodstream infection: Are we there yet? Critical Care Medicine 2012 Feb;40(2):388-93



Lessons

Collaboration worked

- Feedback loop with local data
- Expect difficulties at organisational and clinician level
- Clinician network important needs to be driven by clinicians
- Need to identify local champions/opinion leaders and ensure
- they have time to drive clinical change not project officers
- Encourage local champions to be involved in running project Need to consider burden of data collection – need infrastructure



Improvements were due to



- Increased awareness of need for scrupulous aseptic insertion
- Increasing compliance with clinician bundle (if non hat wearers their clinician bundle data were coded non complier)
- Not due to ↓femoral lines or ↓dwell time
- Significantly better communication between ICU & infection control
- Greater understanding of surveillance definition
- Increased ownership by ICU care clinicians following reporting of individual ICU CLABSI data



How did we compare with Keystone?



Pronovost et al NEJM 2006;355(26): 2725-32. & BMJ 2010;340:c309.

 0 months
 median 2.7 (IQR 0.6 - 4.8) /1000 line-days

 3 months
 median 0.0 (IQR 0.0 - 2.4) /1000 line-days

 16-18 months
 median 0.0 (IQR 0.0 - 3.0) /1000 line-days

 34-36 months
 median 0.0 (IQR 0.0 - 1.2) /1000 line-days



Who has reached zero?

CLABSI

The effect on rates of infection were mixed and the effect sizes were small, with the largest median effect for the change in level (interquartile range (IQR)) for the six CLABSI studies being observed at three months follow-up was a decrease of 0.6 (-2.74 to 0.28) cases per 1000 central line days (six studies and 36 sites). This change was <u>not sustained over longer</u> follow-up times. Flogen et al Cochrane Database Syst Rev 2013 doi: 10.1002/14651858.CD00655

Adult:

NNIS (8 studies)	mean	rate	5.8/ 1000 CVC-days
Beathard 2003	-76%	$7.0 \rightarrow$	1.7/1000 CVC-days
Coopersmith 2002	-68%	$11.6 \rightarrow$	3.7/1000 CVC-days
Parra 2010	-31%	$4.2 \rightarrow$	2.9/1000CVC-days
Warren 2004	-41%	9.4 →	5.5/1000 CVC-days

Paed/neonates:

Sannoh 2010	-43%
Miller 2010	-43%

-43% 7.0 \rightarrow **4.0**/1000 CVC-days -43% 5.4 \rightarrow **3.1**/1000 CVC-days

Dubai

2.6 → **1.8** /1000 CVC-days

Latif et al ICHE April 2015 http://dx.doi.org/10.1017/ice.2015.70



Why aren't we achieving zero infection?

http://fedoraproject.org/wiki/File:Artwork_F10Themes_Binary_grid_animated.gif



How long after aseptic insertion can you expect The patient to remain free from infection ?

Is every patient with a CVC at risk of CLABSI?



First let's look at the calculation for CLABSI



NNIS in 2005 became National Healthcare Safety Network



For device-associated HAI incidence density rates⁹: record daily the total number of patients and <u>total number ofcentral line-days</u>....in the patient care area(s) under surveillance; sum these daily counts at the end of the surveillance period for use as denominators" (CDC April 2006)

"

"...the number of <u>patients with one or more central lines</u> of any type is collected daily, at the same time each day, during the month and recorded on the Denominators for Intensive Care Unit (ICU)/Other Locations" (CDC May 2010)



Incidence Density - theory and why this rate is flawed

Total number of occupational injuries

<u>Person years</u> at-risk of occupational injury

Allows persons at-risk to contribute their own sum of duration of risk

Total number of CLABSI

 \sum central **line-days** (for every line in situ is counted)

or

Total number of CLABSI

 \sum central line-days (exposure to at least 1 line at time of observation)



\mathcal{H} is tory sophistication of disease frequency and distribution

1620-74 John Graunt quantified disease patterns in *The Nature of Political Observations Made Upon the Bills of Mortality (1664)*

1807-83 William Farr vital statistics system (1837) for *surveillance* person-time



Statistics for a Fixed population

fixed

Mt (or Mb) in a <u>fixed population</u> is evaluated within successive 'same time' intervals so that time dependence of Mt can be elucidated.

Graunt's Life table



Fixed populations

Table 1. Graunt's Life Table

Age Interval	% Surviving during Interval	% Survived at start of Interval
0-6	36	100
7-16	24	64
17-26	15	40
27-36	9	25
37-46	6	16
47-56	4	10
57-66	3	6
67-76	2	3
77-86	1	1



Statistics for a dynamic population

dynamic

Persons enter (born, migrate, aging into a stratum) as observation time proceeds. Some exit (emigrate, die, become diseased) but population is in a steady state

number entering must = number leaving the population to be in a 'steady state'

Farr's Person-time


Rules for **incidence density** for a *dyna*mic population:

constant dwell time over the audit period

if you take a snap shot of the dwell-time experienced by dynamic population should be in a steady state









Prob of numerator not linear population-time not equal denominator not a steady state

Current calculation assumes (Pr) CLABSI rate (Pr)dwell time day1= (Pr)dwell time 2= (Pr)dwell time 3= etc

CDC calculation expects linear relationship and denominator in a steady state

McLaws ML, Berry G. Infect Control Hosp Epidemiol 2005



What has this got to do with Zero risk?



Risk by dwell time is not linear 1.8/1000 line-day 3.1 (95%) Cl 2.4.4.6) 1.8/1000 line-day 3.1 (95%) Cl 2.4.4.6) 0.9/1000 lin Aggregated 3.1 sted rate 0.9/1000 lin Aggregated 1.5 (95%) Cl 1.1.2.0) Aggregated 1.5 (95%) Cl 1.1.2.0) lowest (Pr) CLABSI 0.9 in 100 chance of infection Pre: end day-7 Post: end day-9

McLaws ML, Burrell A. Zero risk for central line-associated bloodstream infection: Are we there yet? Critical Care Medicine 2012 Feb;40(2):388-93

Patients with CVC are dynamic

Patients with a longest dwell time have lowest risks for CLABSI

Analysis needs to assist our CLABSI prevention approach *Q. is there a better method of identifying patients at different risk?*



Table 1. Graunt's Life Table (fixed populations)

Age Interval	% Deaths in Interval	% Surviving at start of Interval
0-6	36	100
7-16	24	64
17-26	15	40
27-36	9	25
37-46	6	16
47-56	4	10
57-66	3	6
67-76	2	3
77-86	1	1
<u>Dwell time</u> 1-9 days ≥10 days	Total CLABSI	<u>Total Dwell time</u>

Level 6 ICUs	Adjusted CLABSI	Probability CLABSI-
Dwell time	/1000 line-days (Cl ₉₅)	<i>free</i> for dwell time
Pre-intervention		
1-7 days	1.8 (0.9-3.3)	0.99
Post-intervention		
1-9 days	0.9 (0.5-1.5)	0.99
CLAB	SI average	rate
for dw	ell time >9 c	lays
5.5/1	000 line-day	ys

Probability CLABSI-free Dwell time





Rates can be deceiving

CLABSIs are not equally distributed over dwell time (line-day)

There are 2 distinct ICU patient groups: 75% Short (closer to steady state) 25% long dwell time







Most patients ALOS ICU ≈ 3 – 5 days

Start with dwell day-5 as target of Zero CLABSI risk

Work up to first 9-days

McLaws ML, Burrell A. Zero risk for central line-associated bloodstream infection: Are we there yet? Critical Care Medicine 2012:40(2):388-93



Hospital G

Central 1591 Line-days ranged ≤24 hours – 96 days 25th Day 7; 50th Day 11; 75th Day 17

Days 1-7

Pre-intervention = 1.8 (95%CI 0.9-3.3/1000 CVC-days) Post intervention = 0.9 (95%CI 0.5-1.5) !!!



Hospital G

	% [lines inserted]
Central	73 [3389]
PICC	15 [700]
Dialysis	11 [533]
Other & not specified	1 [33]
TOTAL lines inserted	100 [4655]
lines	
Singular	74%
Concurrent	21%
Sequential	5%



Hospital G

Area for improvement

Area for improvement

Area for improvement

Compliance with bundle items

23% Competency training (70% no; 7% missing) **100% Clean Hands 100% Sterile gloves** 84% Hat **100% Prep procedure site** 96% Sterile drape **100% Sterile technique maintained** 87% No multiple passes

Area for improvement –

65% Position of line confirmed

59% Used Transducer (39.7% no; 1.6% missing)



Hospital G Process Surveillance for Anatomical insertion sites

Line type	% [lines]	
Central:		
	n 36% [80]	Area for improvement
	ir 35% [78] -	improvement
Femora	al 28% [63]	
Not specifie	d -	
	100 [257]	
Dialysis:		
Femora	al 81% [22]	
Jugula	r 11% [3]	
Subclavia	n 7% [2]	
Not specifie	d -	
	100 [27]	



Hospital G set process targets

- 1. Insertion site
- 2. Competency
- 3. Full sterile drape
- 4. No multiple passes/transducer

Set progressive targets for CLABSI with 1. dwell time for 50% ICU patients (Day 11) 2. dwell time for 75% ICU patients (Day 17)



CDC/NHSN

Surveillance ... in at least one inpatient location in the healthcare institution for at least one calendar month

simple analysis if numbers are large

CLABSI ≈10 per year Statistically rare

Distribution not normal

Dwell time is not in a steady state



Process surveillance report

- CVC dwell time (range, median, 75th)
- Daily audit: can you remove the CVC ?
- Compliance with recommended insertion site
- CLABSI rates: CLABSI in 75% patients (e.g. 1-8 line-day)
 1000 patient-days [95%CI]
 100 patients [95%CI]
- <u>Counts</u> of prevention

Hospital G non compliance

improvements

pre- and post

83% Clinician Bundle p=0.0003

93% Patient Bundle p=0.049

Hospital G by length of participation	Counts of <i>non compliance</i> with Clinician Bundle [Patient Bundle]
1 st 6 months post-intervention	15 [7]
2 nd	5 [5]
3 rd	8 [0]
4 th	9 [4]
5 th	4 [3]
6 th	2 [0]

Hospital G by length of participation	Counts of CLABSI [Malposition + haem]
1 st 6 months post-intervention	8 [4]
2 nd	1 🗸 [4] 🗸
3 rd	2 [1]
4 th	0 🗸 [3] 🗸
5 th	2 [0]
6 th	1 🖞 [1] 🖞

Malposition+/-Haemorrhage reduction

Pneumothorax for 3 years 0.4% [1 count]

CLABSI Rate (% of insertions)

Length of intervention	Hospital G	level 6 (teaching) ICUs
participation	CLABSI /100 insertions p=0.037	CLABSI/ 100 insertions p=0.0019
1 st 6 months	13.8% (95%CI 6.1-25.4)	2.4% (95%Cl 1.5-3.6)
2 nd	2.3% (95%CI 0.06-12.0)	1.4% (95%CI 0.7-2.4)
3 rd	5.3% (95%CI 0.6-17.7)	0.9%(95%Cl 0.4-1.6)
4 th	0.0% (95%CI 0.0-7.2)	1.0% (95%CI 0.5-1.8)
5 th	5.4% (95%CI 0.7-18.2)	0.7%(95%Cl 0.2-1.5)
6 th	3.2% (95%CI 0.08-16.7)	0.5%(95%CI 0.2-1.2)



Other CLABSI prevention methods

Some are expensive so which patients should have additional prevention resources?

>9 days average rate 5.5/1000 line-days



Technologies for expected prolonged dwell time

• antiseptic/antibiotic impregnated lines & locks

Maki DG, et al. A novel antimicrobial and antithrombotic lock solution for hemodialysis catheters: A multicenter, controlled, randomized trial. *Crit Care Med* 2011; 39 (4): 613-620.

Hockenbull JC, et al. The clinical effectiveness of central venous catheters treated with antiinfective agents in preventing catheter-related bloodstream infections: a systematic review. Crit Care Med 2009; 37: 702-712.

CHG bath – requires nursing time

• CHG

Timsit JF et al. Chlorhexidine-impregnated sponges and less frequent dressing changes for prevention of catheter-related infections in critically ill adults: a randomized controlled trial. JAMA 2009;301:1231-41.



Post-insertion care

Inexpensive intervention for all dwell time

- **Carly removal of catheters** Mermel LA, et al. Clinical practice guidelines for the diagnosis and management of intravascular catheter-related infection: 2009 Update by the Infectious Diseases Society of America. Clin Infect Dis 2009; 49: 1-45.
- where possible removal of CVL on discharge from ICU



So where to from here

Counts of <u>fewer</u> CLABSI

(between last report and the current one)



75% patients should be at zero risk

- report for first x days (this cut point will differ by hospital)

Technology

• But for whom?.....



So who gets technology

- Everyone with CVC ?
- Just 25% of patients *expected* to have prolonged dwell time ?



Ask CEO

Q. What is your maximum willingness to free up an ICU bed at \$4000 per day?





The psychedelic artist *http://en.wikipedia.org/wiki/Alex_Grey*

